

**HOLY TRINITY 5th ANNUAL INVITATIONAL MEET TUESDAY JUNE 02, 2009**

**SCHEDULE OF EVENTS**

The first events start at 9:00am. We hope to finish approximately 4:30pm.

All athletes will be issued a number that must be worn on the front of their shirt for all events.

For the hurdle events the boys will compete first followed immediately by the girls.

<b>GIRLS</b>	<b>TRACK EVENTS</b> <b>All track events (except hurdles) will follow:</b> <b>Girls Gr6, Boys Gr6, Girls G7, Boys G7, Girls G8, Boys G8</b>	<b>BOYS</b>
<b>9:00</b>	BOYS & GIRLS Hurdles 80mH - 2-3 timed sections in each age group hurdle height is 2'6", distance to first hurdle is 12m, distance b/w 8m. All boys first, then all girls.	<b>9:00</b>
<b>9:45</b>	600m/800m	<b>12:30</b>
<b>10:15</b>	Dash Heats 80m/100m	<b>1:00</b>
<b>10:45</b>	400m (1 lap)	<b>1:30</b>
<b>11:15</b>	1200m/1500m (3/3.75 laps)	<b>2:00</b>
<b>12:00</b>	Dash Finals 80m/100m	<b>2:45</b>
<b>3:30</b>	Sprint Relays/Co-Ed Medley Relays	<b>3:15</b>

<b>GIRLS</b>	<b>FIELD EVENTS</b>			<b>BOYS</b>
	<b>GRADE 6</b>	<b>GRADE 7</b>	<b>GRADE 8</b>	
<b>12:30</b>	High Jump & Javelin	Triple Jump	Discus	<b>9:15</b>
<b>1:10</b>	Discus	High Jump & Javelin	Triple Jump	<b>9:55</b>
<b>1:50</b>	Triple Jump	Discus	High Jump & Javelin	<b>10:35</b>
<b>2:30</b>	Shot Put	Long Jump	Long Jump	<b>11:15</b>
<b>3:10</b>	Long Jump	Shot Put	Shot Put	<b>11:55</b>

All discus events use 750gm discus. Shot put is 6lbs. Javelin will use Turbojavas.

We are only estimating the time it will take to complete each event so the schedule is subject to change. Please help us by ensuring that your athletes are aware of what events they are in and when they are. If the schedule changes during the day keep them informed. We will go a little ahead of schedule if at all possible.